



Resource Group Meeting Minutes
Wednesday, June 8, 2016
10:30 a.m. – 12:00 p.m.
Norman County Sheriff's Department Meeting Room

Present: Kim Hemberger – Northwestern Mental Health Center, Kelsey Borgen and Tracy – Norman Mahnomen Public Health, Bethany Brandvold – Polk Norman Mahnomen SHIP, Ashley Larson – Dekko Center, Dawn Miller – Essentia Health, Nancy Ramon – Tri-Valley Opportunity Council
Also present: Melissa Beach – Compass Business Consulting

The meeting began with introductions at 10:00 a.m.

The group briefly reviewed the minutes of the previous meeting.

Old Business:

Melissa Beach of Compass Business Consulting reviewed the website usage and users. Following the website discussion, it was discussed that the website be displayed at the Norman County Fair. After discussion it was decided that it would be difficult to have someone there to supervise and maintain the computer and television. The group continued the conversation with a discussion of the need for additional pens if budget allows, and that it would be beneficial to have rack card holders. Beach will work with Jason Carlson of Tri-Valley Opportunity Council to purchase with remaining grant funds if available.

Discussion regarding the Norman County Resources website training and maintenance contract. It was discussed that Terri Taylor and Sandy at Social Services had been trained to edit the site. Their contact information will be sent to all resource group participants if changes need to be made to the website content.

New Business:

Kim Hemberger of Northwestern Mental Health Center shared materials about their organization and more specifically, her programs for Children & Family Services. Their services include out-patient services, crisis and many other services as explained in their materials. They are able to direct individual therapy through early childhood. Hemberger currently works with six counties for Head Start. Two specific programs that have been successful recently include Circle of Security which involved eight sessions for parenting 1 on 1 training (at no cost to the families), and North Star Summer Program, which brings together kids that have language barriers and allows them to learn to play and work together. At this time, there are 14 in Halstad and 12 in Twin Valley.

Other resource providers discussed agency updates.

Kelsey Borgen – Norman Mahnomen Public Health

Introduced Tracy as a new employee of Norman Mahnomen Public Health. Discussed that they have been working to get the Norman County Worksite Wellness group back together. Bethany will present a tobacco free policy.

Dawn Miller – Essentia Health

Still seeing chronic opioid issues and are working on addiction treatment. Kelsey Nelson is doing most of the education on it. The InstiMed vending machine is up in the clinic – open all hours of day and basic meds are all stocked for small quantity dispenses. “I can prevent Diabetes” course is on-going. Heather Byron doing smoking cessation courses.

Bethany Brandvold – Polk Norman Mahnomen SHIP

Working collaboratively with Essentia Ada on “I can prevent Diabetes” course. Currently have 9 participants which are referrals from Essentia. Must be diagnosed as pre-diabetic. A Drug Free Communities grant was awarded to Norman and Mahnomen counties and they’re currently reaching out to local groups. MN student survey data will show information regarding E-Cigarettes for the first time. Sarah Kjono and Bethany met with County Commission about Tobacco Free County Grounds. A draft policy will be presented to them in July. Currently preparing for Norman and Mahnomen County Fairs. Bike Rodeo July 7th in Mahnomen.

Ashley Larson – Dekko Center

Getting a climbing wall installed today and other new equipment coming this week. Forestry Grant program progressing.

Nancy Ramon – Tri-Valley Opportunity Council

Shared materials on Community Assistance Programs. Grant money to work with new Americans in East Grand Forks initially (ex. How to rent, working with landlords, etc.)

Kim Hemberger – Northwestern Mental Health Center

Adding employees as the agency is continuing to grow.

Upcoming Resource Group meetings: Wednesday, September 14th and Wednesday, November 16th.

Meeting adjourned at 11:35 a.m.